
GINA VELEZ

2012 - CERTIFIED PROFESSIONAL BUSINESS & TRANSFORMATIONAL LIFE COACH, VISIONS OF SUCCESS

2011 - ENNEAGRAM

The Enneagram approach is a deeper, richer understanding of human behaviors, motivations, values, thinking styles and ways of problem solving. By understanding personality types, we can "speak the language" of others who are not the same as we are.

Real communication is then possible.

2010 - IMMERSION CERTIFICATION

Transcendent Leadership & Coaching School

Living in Mastery through openness to learning, transparency, self-inquiry, creative expression, responsibility and appreciations.

2009 - RELATIONSHIP SUCCESS TRAINING

Relationship Coaching Institute

Developing the emotional intelligence and learning the relationship skills necessary to co-create happy, loving, and lasting partnerships we all want and deserve.

2008 - CEO MASTERSHIP

Based on "Getting things done" The GTD method rests on the idea of moving planned tasks and projects out of the mind by recording them externally and then breaking them into actionable work items. This allows one to focus attention on taking action on tasks, instead of on recalling them.

2007 - THE TOOLS WORKSHOPS

Inspired by Hendricks that states most problems can be resolved with five questions:
What am I not facing? What truths have I not spoken? What have I been blaming others
for that I need to own responsibility for creating? What choices do I need to make? What
actions do I need to take?

2006 - GESTALT PSYCHOLOGY MODEL

Increasing awareness of our somatic sense of self providing new options for developing
more effective psychological and physical patterns. Gestalt work to address how
habitual, unconscious beliefs and behaviors formed early in life lead to habitual ways of
responding that limit life experience.